



Pharmacist Well-being Index

State Report
For
NABP District Eight States

MARCH 2022

For Every Pharmacist. For All of Pharmacy.

pharmacist.com

DISTRESS PERCENT CHANGES

National and District

February 2022 versus March 2022

Changes in Distress Levels

As of March 2022

State	Change in Distress % February 2022 March 2022	Distress % February 2022	State Rank for Distress Level February 2022
Largest Increase in Distress Percent			
Alaska	9.09%	32.35%	33
Nevada	1.50%	56.67%	1
Louisiana	0.99%	47.66%	3
Kansas	0.37%	38.32%	15
West Virginia	0.36%	43.67%	6
Largest Decrease in Distress Percent			
North Dakota	-1.67%	33.33%	28 (Tie)
Indiana	-0.74%	34.73%	20
Oklahoma	-0.73%	32.60%	32
Vermont	-0.64%	29.79%	41
New Mexico	-0.51%	31.75%	36
NATIONAL	-0.09%	31.99%	----



Changes in Distress Levels – District Eight

As of March 2022

	Change in Distress % Feb 22 vs Mar 22	Distress % Mar 2022	Distress % State Rank Mar 2022	Change in Distress % Jan 22 vs Feb 22	Distress % Feb 2022	Distress % State Rank Feb 2022	Change in Distress % Dec 21 vs Jan 22	Distress % State Rank Jan 2022	Distress % State Rank Dec 2021	Distress % State Rank Nov 2021	Distress % State Rank Sep 2021	Distress % State Rank Jul 2021	Distress % State Rank Apr 2021	Distress % State Rank May 2020	Distress % State Rank Apr 2020
Arizona	-0.11%	39.22%	13	0.08%	39.33%	13	0.20%	13	14	14	15	15	13	16	17
California	-0.12%	29.45%	44	-0.35%	29.57%	43	-0.07%	41	40	39	39	36	38	35	35
Colorado	-0.19%	33.43%	27	0.09%	33.62%	27	-0.29%	27(t)	25	23 (T)	25	25	23	14	19
Hawaii	-0.49%	41.18%	9	-0.50%	41.67%	8	-0.51%	8	7	7	7	7	6	2	2
Nevada	1.50%	56.67%	1	-1.19%	55.17%	1	0.80%	1	1	1	1	1	1	18	11
New Mexico	-0.51%	31.75%	36	0.68%	32.26%	33	2.49%	36	42	43	44	44	44	39	39
Utah	-0.26%	30.25%	40	-0.26%	30.51%	39	-0.26%	38	37	38	31	33	32	27	31

Note: Historic data from 2020/2021 has been removed to allow space for current month.
Refer to previous months' reports or contact ashaughnessy@aphanet.org for data.

DISTRESS PERCENT MONTHLY REPORTS

State-Specific

February 2022 versus March 2022

PHARMACISTS WELL-BEING INDEX

STATE DISTRESS PERCENT*

MARCH 2022

As of March 6, 2022, the Arizona distress percent was 39.22% (13th highest) with 185 assessors.

FEBRUARY 2022

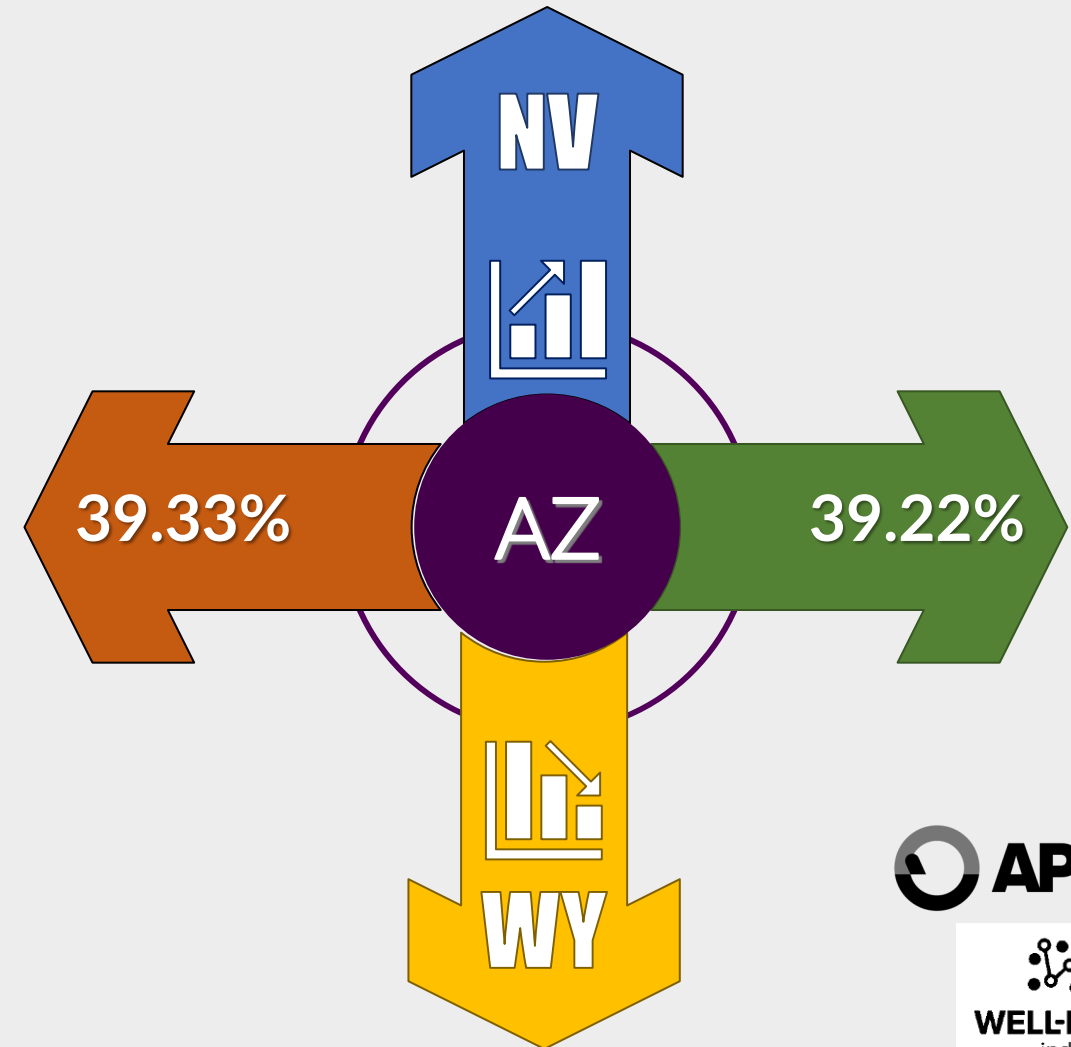
As of February 6, 2022, the Arizona distress percent was 39.33% (13th highest) with 183 assessors. On this same date, the CDC reported 13,636,420 COVID-19 vaccines administered and 1,903,412 cases in the state.

STATE COMPARISON

As of February 6, 2022

Nevada is the highest at 55.17% (n=24)

Wyoming has the lowest 18.18% (n=15)



*Distress Percent is the percentage of individuals with a Pharmacist Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

PHARMACISTS WELL-BEING INDEX

STATE DISTRESS PERCENT*

MARCH 2022

As of March 6, 2022, the California distress percent was 29.45% (44th highest) with 580 assessors.

FEBRUARY 2022

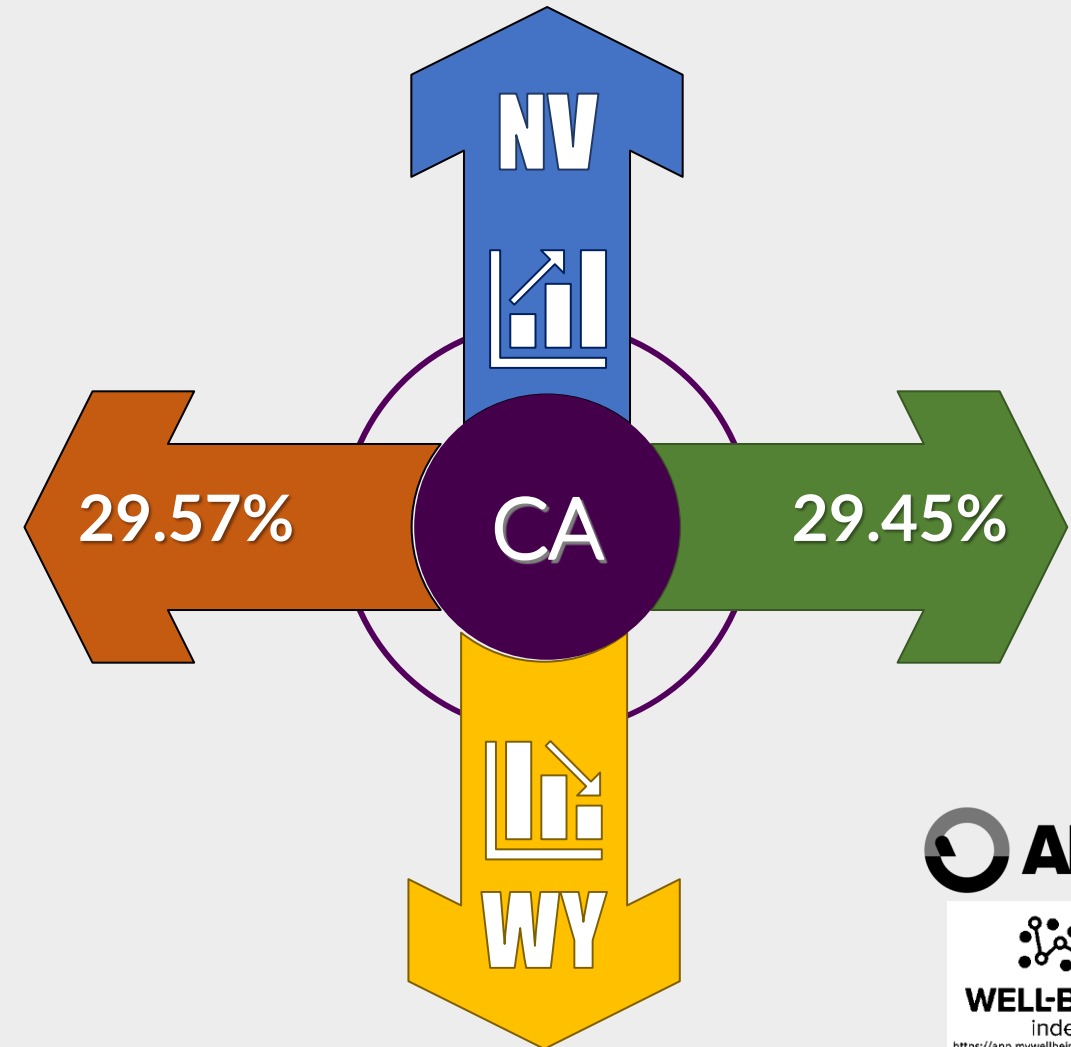
As of February 6, 2022, the California distress percent was 29.57% (43rd highest) with 570 assessors. On this same date, the CDC reported 83,651,755 COVID-19 vaccines administered and 8,582,249 cases in the state.

STATE COMPARISON

As of February 6, 2022

Nevada is the highest at 55.17% (n=24)

Wyoming has the lowest 18.18% (n=15)



*Distress Percent is the percentage of individuals with a Pharmacist Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

PHARMACISTS WELL-BEING INDEX

STATE DISTRESS PERCENT*

MARCH 2022

As of March 6, 2022, the Colorado distress percent was 33.43% (tied for 27th highest) with 173 assessors.

FEBRUARY 2022

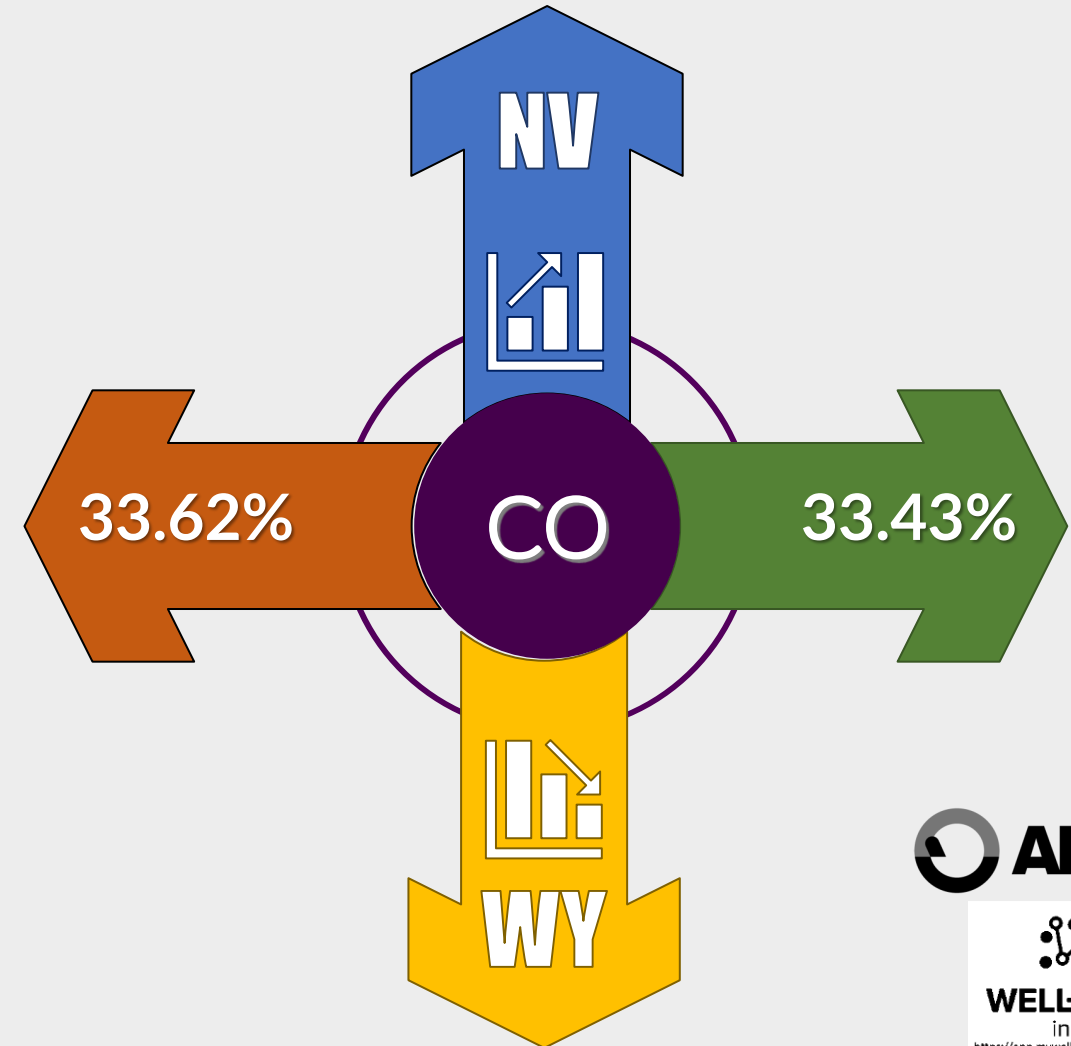
As of February 6, 2022, the Colorado distress percent was 33.62% (tied for 27th highest) with 171 assessors. On this same date, the CDC reported 11,587,055 COVID-19 vaccines administered and 1,270,138 cases in the state.

STATE COMPARISON

As of February 6, 2022

Nevada is the highest at 55.17% (n=24)

Wyoming has the lowest 18.18% (n=15)



*Distress Percent is the percentage of individuals with a Pharmacist Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

PHARMACISTS WELL-BEING INDEX

STATE DISTRESS PERCENT*

MARCH 2022

As of March 6, 2022, the Hawaii distress percent was 41.18% (9th highest) with 28 assessors.

JANUARY 2022

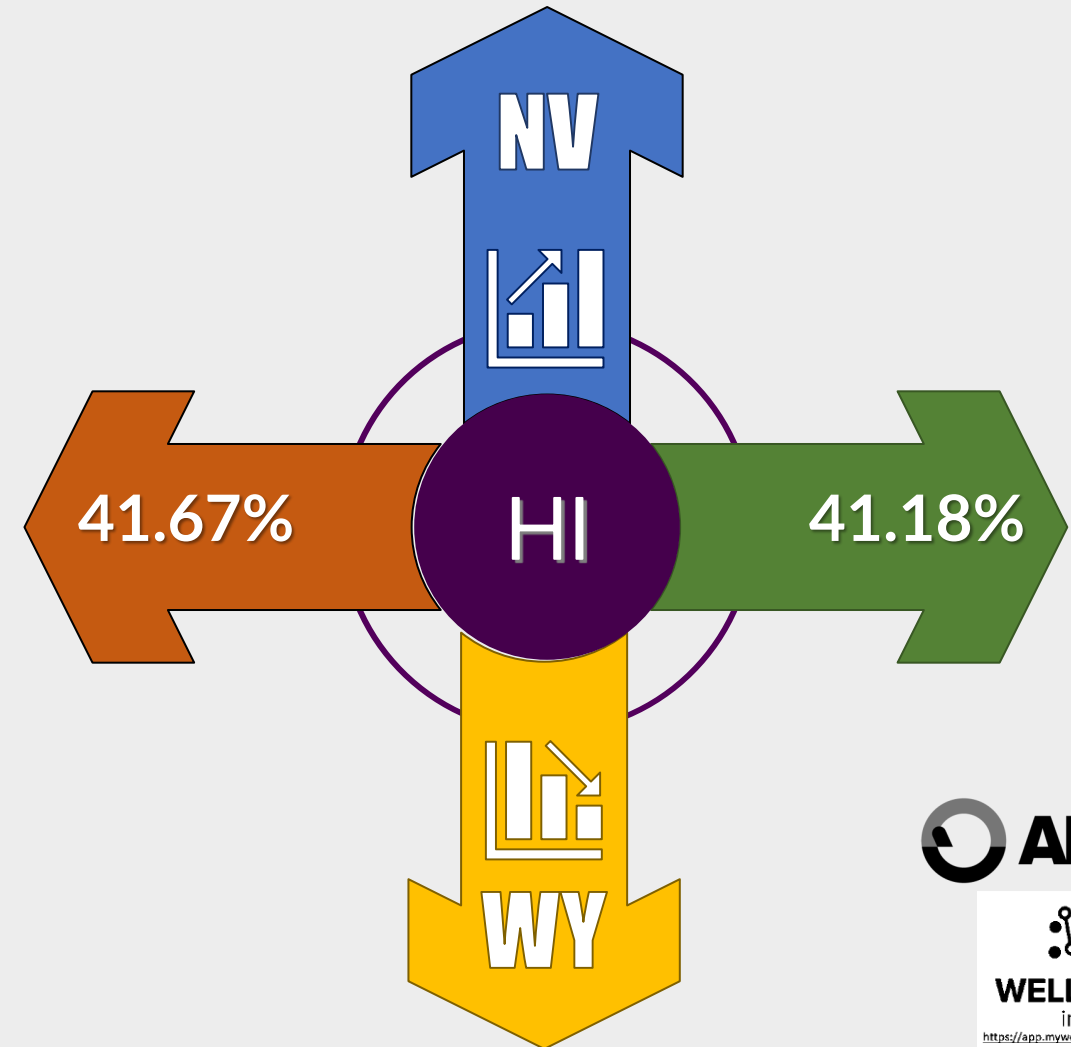
As of February 6, 2022, the Hawaii distress percent was 41.67% (8th highest) with 28 assessors. On this same date, the CDC reported 3,241,320 COVID-19 vaccines administered and 129,059 cases in the state.

STATE COMPARISON

As of February 6, 2022

Nevada is the highest at 55.17% (n=24)

Wyoming has the lowest 18.18% (n=15)



*Distress Percent is the percentage of individuals with a Pharmacist Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

PHARMACISTS WELL-BEING INDEX

STATE DISTRESS PERCENT*

MARCH 2022

As of March 6, 2022, the Nevada distress percent was 56.67% (with the highest) with 25 assessors.

FEBRUARY 2022

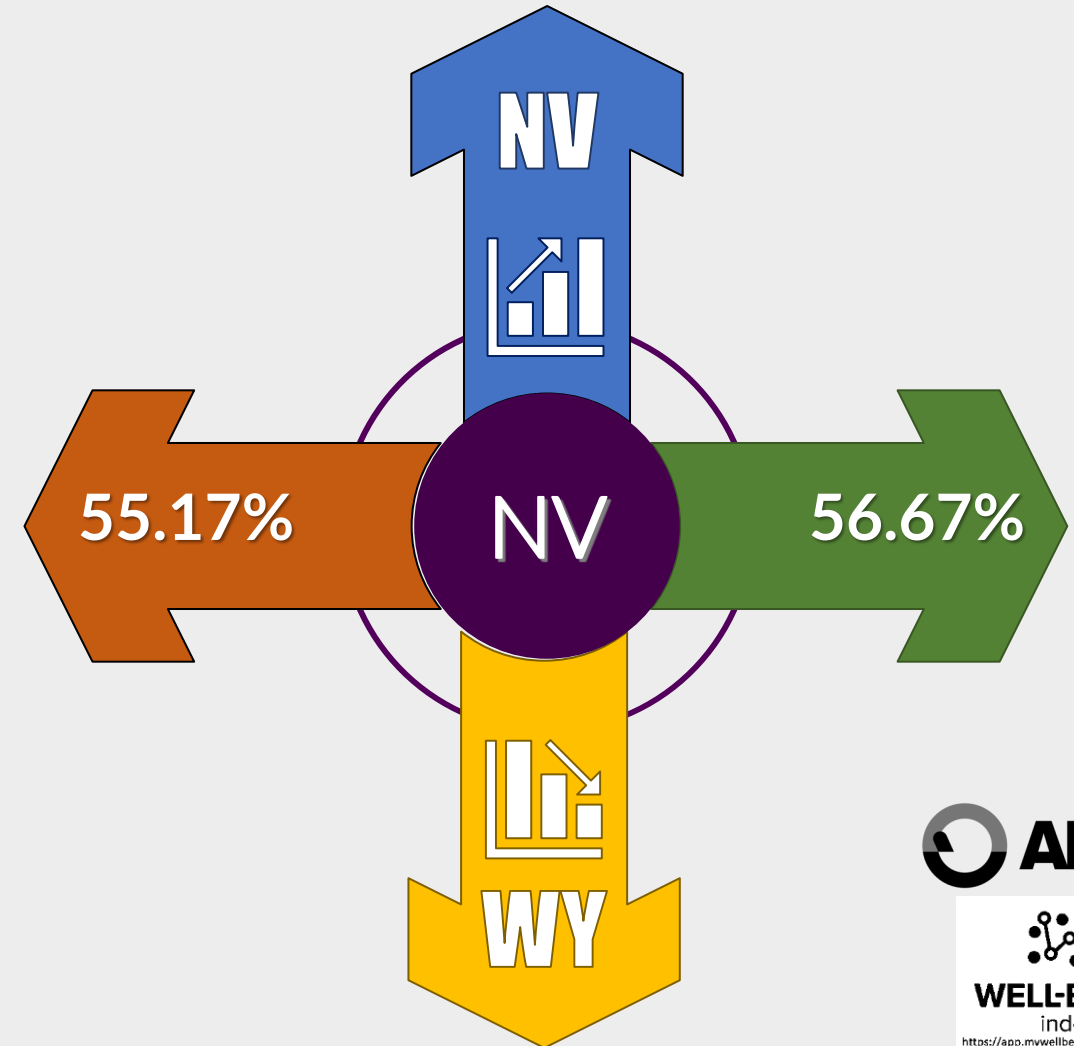
As of February 6, 2022, the Nevada distress percent was 55.17% (with the highest) with 24 assessors. On this same date, the CDC reported 5,517,790 COVID-19 vaccines administered and 665,211 cases in the state.

STATE COMPARISON

As of February 6, 2022

Nevada is the highest at 55.17% (n=24)

Wyoming has the lowest 18.18% (n=15)



*Distress Percent is the percentage of individuals with a Pharmacist Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

PHARMACISTS WELL-BEING INDEX

STATE DISTRESS PERCENT*

MARCH 2022

As of March 6, 2022, the New Mexico distress percent was 31.75% (33rd highest) with 44 assessors.

FEBRUARY 2022

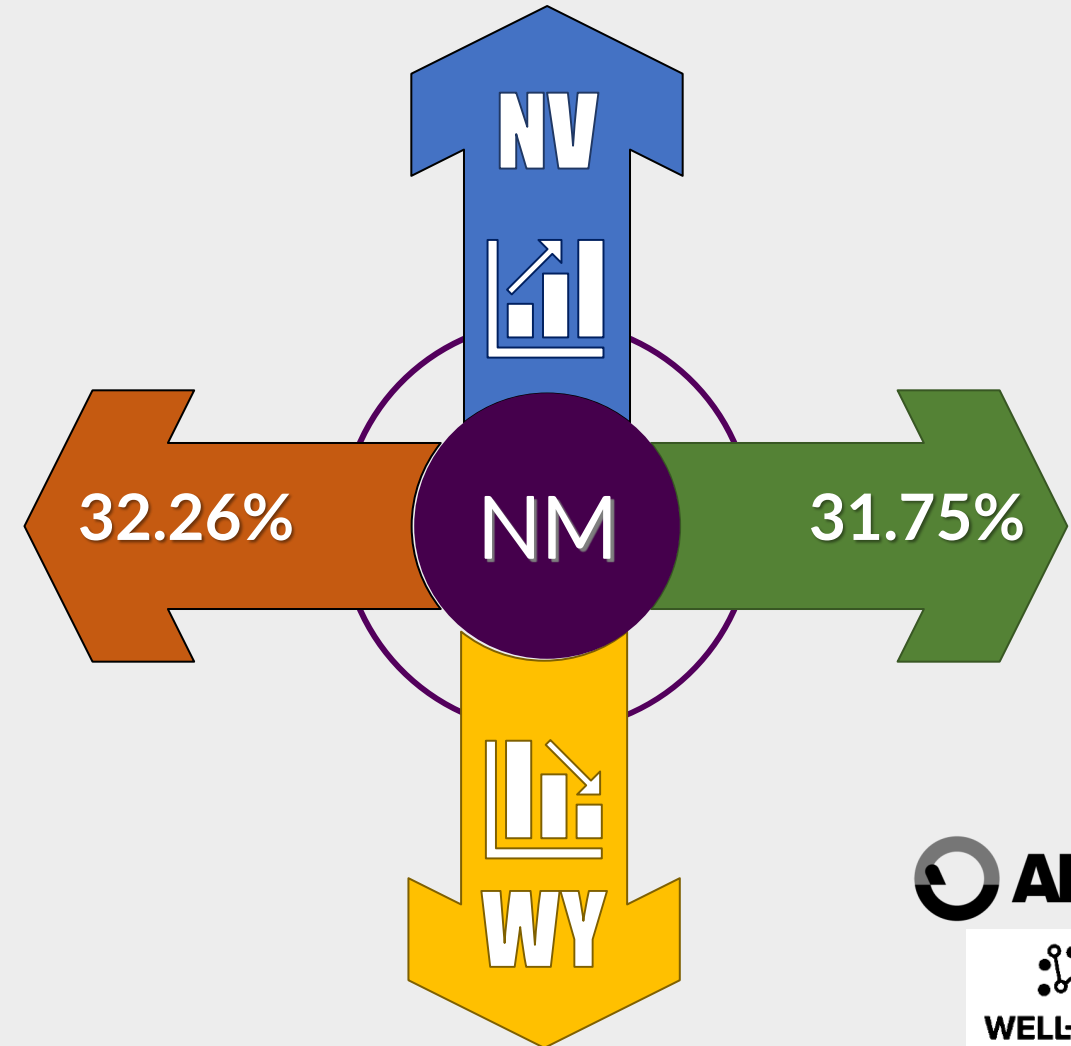
As of February 6, 2022, the New Mexico distress percent was 32.26% (33rd highest) with 44 assessors. On this same date, the CDC reported 4,142,885 COVID-19 vaccines administered and 489,701 cases in the state.

STATE COMPARISON

As of February 6, 2022

Nevada is the highest at 55.17% (n=24)

Wyoming has the lowest 18.18% (n=15)



*Distress Percent is the percentage of individuals with a Pharmacist Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

PHARMACISTS WELL-BEING INDEX

STATE DISTRESS PERCENT*

MARCH 2022

As of March 6, 2022, the Utah distress percent was 30.25% (40th highest) with 63 assessors.

FEBRUARY 2022

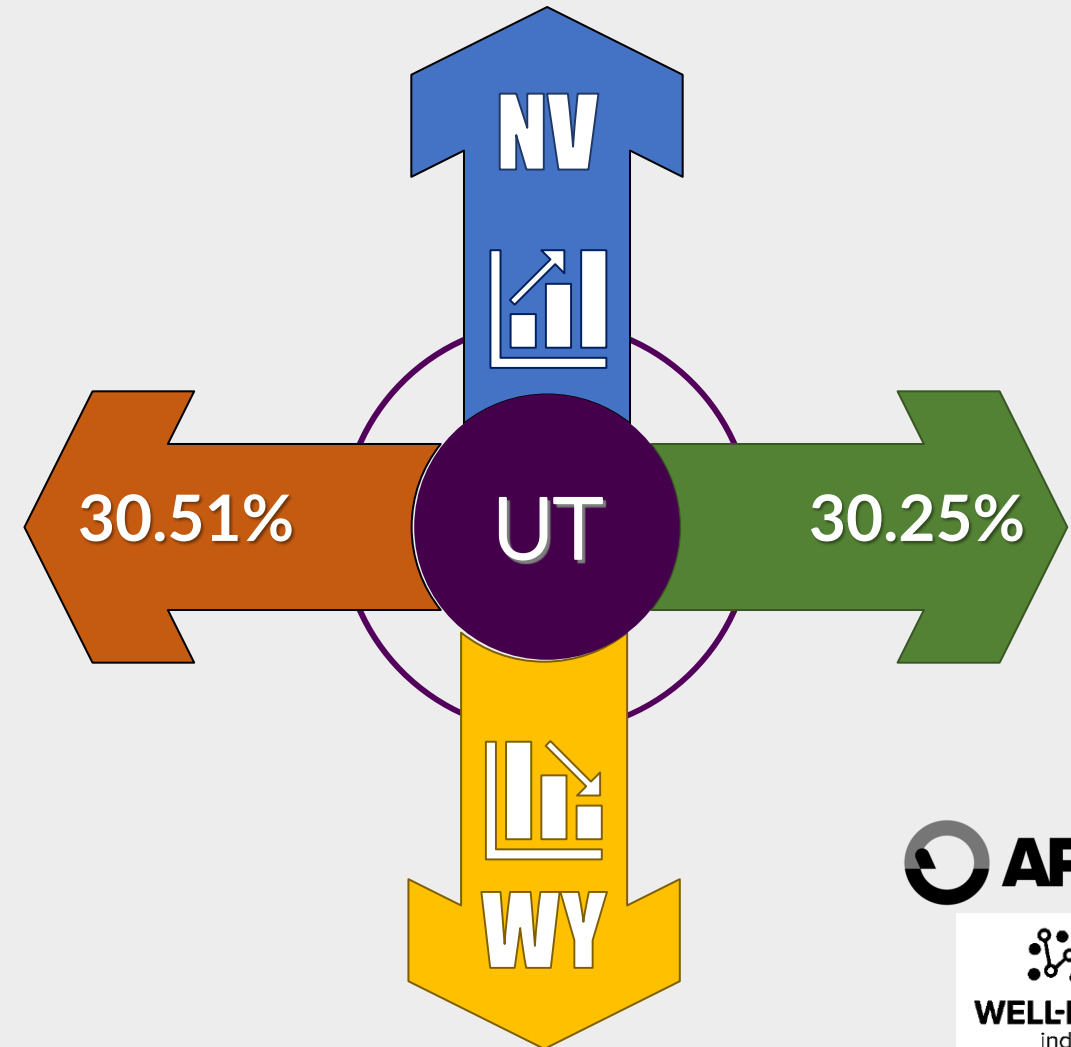
As of February 6, 2022, the Utah distress percent was 30.51% (39th highest) with 63 assessors. On this same date, the CDC reported 5,850,550 COVID-19 vaccines administered and 898,267 cases in the state.

STATE COMPARISON

As of February 6, 2022

Nevada is the highest at 55.17% (n=24)

Wyoming has the lowest 18.18% (n=15)



*Distress Percent is the percentage of individuals with a Pharmacist Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

Well-being Resources Promo Slides*

For Your Use in State Social Media and Periodicals

**Please do not change the content of these promotional slides*



Your experiences – positive and negative – tell a powerful story!

**Your experience can be the spark that helps change and enhance
the pharmacy workplace, pharmacy personnel well-being, and patient safety.**

**Submit your experience report to
Pharmacy Workplace and Well-being Reporting.
www.pharmacist.com/pwwr**

**Your report is confidential, anonymous, and protected by the
Alliance for Patient Medication Safety - a recognized national patient safety organization.**

Share the PWWR link with your colleagues!



Burnout is real.

Take advantage of APhA's online screening tool, invented by the Mayo Clinic, to evaluate your fatigue, depression, burnout, anxiety, and stress and assess your well-being.

It takes less than 5 minutes to answer 9 short questions.

It's 100% anonymous, free, and you do not need to be an APhA member.

Resources are available once you submit your assessment.

Well-being Index for Pharmacists, Student Pharmacists, & Pharmacy Technicians

<https://app.mywellbeingindex.org/signup>

Invitation Code: APhA

Or Scan



You're committed to pharmacy.
We're committed to your well-being.
www.pharmacist.com/wellbeing